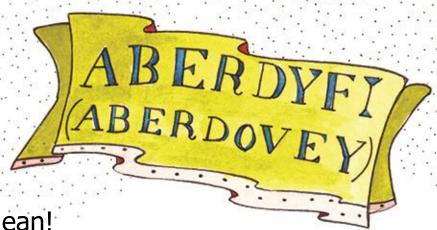
#### Cannwyll Brwyn

Cylchlythyr Cymunedol eich pentref

#### Rushlight

Your village Community Newsletter



Join the July Beach Clean!





Join the Aberdovey Beach Buddies, as we head to Aberdovey Beach for our July beach clean-up.

Our waterways may look pristine and unspoiled from the shore, but they are struggling. You'll get the chance to meet like-minded people and together you can help make a difference to our coastline and the community.

\* Sunday 4<sup>th</sup> July, 2021.

\* RNLI Aberdovey Lifeboat Station (On the beach)

\* 11 am - 12 / 12.30pm

What to bring:

- \*Water in a reusable water bottle
- \*Wear closed-in shoes
- \*If you have them, please bring along reusable gloves.
- \*If you are feeling unwell on the day, please do not attend.
- \*\*Please note we will be implementing COVID Safe rules for all participants.

Everyone is welcome, the more the merrier.  $\odot$ 



June 2021

## Aberdyfi Art Society Exhibition

Aberdyfi Art Society will be holding their Annual Exhibition at the:

Neuadd Dyfi 28th July - 4th August 10am - 6pm

Admission free! All welcome

## Community Quilt

The Community Love & Hope quilt has now been finished and is currently on display in the Neuadd Dyfi and it is hoped it will spend time in other places in the surrounding area in the future.







# Dyddiadau & Gwybodaeth. Dates & Information.

# Remembering Muriel Lysett

It is with a sad heart that I inform you of the death of Muriel on Monday 31st May.

She and her husband, the late Norman Lysett, were originally from Birmingham but made their home in Aberdyfi many years ago then moved to Tywyn more than 30 years ago.

Muriel was a trained actress, singer and dancer, and choreographed the Aberdyfi pantomime for many years. She was a members of the Women's Institute and was the instructress of the WI Choir, now The Dovey Belles Choir.

She was also a much loved and loyal member of the Tywyn Inner Wheel. She and Norman were members of the Aberdyfi Golf Club (Norman was a scratch golfer).

She was a delightful and elegant lady who will be much missed.

Jackie Windsor-Lewis

## Rubbish problems

There have been a lot of problems recently in the village with rubbish not being put in the correct bins. Please ensure that any rubbish is put in your own bin and if you let out property, your customers should only be putting it in the bin for that property and not in the litter bins around the village.

Thank you for helping to keep Aberdyfi clean and tidy for us all to enjoy.

## Did you know?

Did you know you can request a routine appointment at Tywyn Health Centre via their website? You can request an appointment for:

- \*Medication reviews
- \*Routine blood tests
- \*Routine blood pressure

Simple click where it says "Contact Tywyn Health Centre" on their website.

You can also request sick notes, new patient registration forms, make an administration query (medicals, private work, insurance reports & shotgun licences) or dispensary query using this form.

#### New service!

Need some health advice? A new advice line and Out of Hours number is now live!

#### **NHS 111 WALES:**

#### THE NEW OUT OF HOURS TELEPHONE NUMBER

Calls we be accepted from 12 noon on Tuesday June 22nd.



NHS 111 Wales replaces the current NHS Direct Wales & GP Out of Hours numbers.



#### **Useful contacts**

Tywyn Health Centre: 03000 843 200

Community Connector service: Bethan Roberts 01341 424 572

MIND helpline: 0300 123 3393, info@mind.org.uk

Samaritans: 116 123, jo@samaritans.org

Non-emergency police: 101
NHS Advice and Out of Hours: 111

Tel: 01654 767816 <u>aberdyficouncil@btconnect.com</u> <u>www.aberdyfi-council.wales</u>

